



The Barn Senior Nutrition Center Newsletter

231 Civic Drive Schaumburg, Illinois 60193

For more information call (847)524-7496

WELCOMING 2020



On December 31, the Seniors of **THE BARN** met for a fun-filled luncheon. Chinese food was catered in and included beef with pea pods, vegetable fried rice, and an eggroll. Attendees enjoyed fortune cookies for dessert and shared their fun fortune messages with each other. At 12 noon, holding their glasses of sparkling grape juice, and wearing special festive hats, an official countdown was audibly made. "New day, new time, new moments ahead are waiting for you, may these 365 days light up your life. Cheers to health, happiness, and many new wonderful times spent at the Schaumburg Barn Senior Program!"

SPECIAL CELEBRATIONS



On January 1, 2020 Ed celebrated his 100th birthday. A WWII veteran and a centenarian! Sharing her birthday with Elvis, Cecilia celebrated on January 8, with a very special performance by none other than Elvis. Thank you for celebrating your special day at the Schaumburg Barn!



ACTIVITIES AND EVENTS

- Birthdays
 - Happy New Year
 - Special Celebrations
 - Greek Themed Luncheon
 - Social Saturdays
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- New Year's Resolutions
 - Village of Schaumburg Helpful Services
 - Upcoming Events

JANUARY BIRTHDAYS



Join us in celebrating monthly birthdays on the 2nd Monday of every month. Celebrants will receive a free lunch and bingo card at the event.

ALDEN POPLAR CREEK GREEK THEME PARTY

The Schaumburg Barn has had a long standing partnership with Alden Poplar Creek Rehabilitation. Once a month the facility caters in a delicious meal made by their head chef Jorge and served to the attendees by the wonderful staff members. This month the luncheon had a Greek theme and featured Greek salad with feta cheese, chicken breast with lemon and oregano, rice pilaf, roasted garlic potatoes, and lemon pudding parfait. The seniors enjoyed some Greek themed trivia questions before lunch was served. We look forward to you joining our next luncheon on February 24th which will have an Oriental Theme.



SOCIAL SATURDAY'S



Join us for food and fun every 3rd Saturday of the month from 10:00 a.m. to 2:00 p.m. For more information and to register check in with the Schaumburg Barn front desk or call (847)524-7496.

NEW YEARS RESOLUTIONS

People are often unreasonable, illogical and self-centered. **FORGIVE THEM ANYWAY!** If you are kind, people may accuse you of selfish, ulterior motives. **BE KIND ANYWAY!**

If you are successful, you will win some false friends and some true enemies. **SUCCEED ANYWAY!**



If you are honest and frank, people may cheat you. **BE HONEST ANYWAY.**

What you spend years building, someone could destroy overnight. **BUILD ANYWAY!**



If you find serenity and happiness, they may be jealous. **BE HAPPY ANYWAY!**

The good you do today, people will often forget tomorrow. **DO GOOD ANYWAY!**



Give the world the best you have and it may never be enough. **GIVE THE WORLD THE BEST YOU'VE GOT ANYWAY!** -Mother Teresa

*****GO TO IT!*****

VILLAGE OF SCHAUMBURG HELPFUL SERVICES

Free Home Safety Visit



Home Safety Visits are a proven way to reduce injuries and deaths!

During The Home Safety Visits, The Schaumburg Fire Department will:

- Test/install smoke alarms and carbon monoxide alarms
- Discuss fall prevention
- Discuss cooking safety and general fire safety
- Inspect the property to identify any potential safety issues

Schedule your Home Safety Visit by calling the Schaumburg Fire Department at 847-885-6300

HANDYMAN PROGRAM

The Village of Schaumburg provides a Handyman Program for minor repairs to assist low and moderate-income seniors and persons with disabilities.

The village provides eligible, owner-occupied residents with grants for minor repairs. Seniors age 62 and older or persons with disabilities, who own their home and income qualify, are eligible to submit an application. Additional information, such as tax returns, W-2s, pay stubs, proof of ownership, and proof of insurance are required.

How Do I Apply?

Please contact Joseph Hennerfeind, Community Planner, at jhennerfeind@schaumburg.com or at 847.923.3854 for any questions or to request an application.

For more information visit:

http://www.villageofschaumburg.com/depts/cd/housing/handyman_program.htm

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UPCOMING EVENTS

February
Spirit Month: wear or bring in items with hearts to participate in a raffle for a chance to win a gift certificate on February 24.

2/4 and 2/18

Wii Bowling with Paul at 10:30 am

2/5 and 2/19

Zumba Gold with Joi at 11:15am



2/6

Canvas Painting

2/10

Bake Sale
Fundraiser for Meals on Wheels Foundation
At 10:30am



2/11

Book Club with Renee Anderson Schaumburg District Library at 10:30am

12/14



Valentine's Day Party
Entertainment and Special Dessert \$5.00

2/17

Line Dancing with Janet Kruse
10:45 am-11:45am

2/25

"Paczki Day" Complimentary treat for all lunch guests

2/26

Dollar Day
\$1 Lunch \$1 Bingo Cards

