

Schaumburg CNN Senior  
Café @ The Barn  
231 S. Civic Drive  
Schaumburg, 60193

Days: *Mondays-Fridays*  
Times: *10:00am-2:00pm*  
Phone: *847-524-7496*



**Community Nutrition Network  
& Senior Services Association**



**January 2020**

*CNN Café Manager: Caitlin Wilson  
Senior Services Manager: Marina Lvovich*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, <b>REFRIGERATE IT RIGHT AWAY!</b> Do not leave it sitting out. Please be safe. Each meal served with fat free or</p>		<p>1. <b>Barn Closed!</b> <b>Happy New Year!</b></p>	<p>2. <b>FRESH BAR</b> Tuna Salad Sandwich Wheat French Roll Cream of Broccoli Soup, Tossed Salad, Boiled Eggs, Cottage Cheese, Mandarin Oranges, Carrot Raisin Salad,</p>	<p>3. Meatloaf Whipped Potatoes Corn Kernels Tree Bean Salad Bread and Butter</p>
<p>6. Hot Roast Beef Mashed Potatoes/ Gravy Peas and Carrots Wheat Bread Fresh Orange</p>	<p>7. Baked Tilapia Wild Rice Pilaf Mixed Vegetables Fruit Cocktail Bread and Butter</p>	<p>8. Roast Turkey w/ Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Chefs Fruit Biscuit</p>	<p>9. <b>FRESH BAR</b> Turkey Trio &amp; Cheese Sub, Wheat Sandwich Bun, Split Pea Soup, Tossed Salad, Boiled Eggs, Cottage Cheese, Banana, Pasta Salad, Variety Toppings,</p>	<p>10. Chicken Ala King White Rice Garden Salad Bread and Butter</p>
<p>13. Sliced Bavarian Style Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon</p>	<p>14. Salisbury Steak Whipped Potatoes Broccoli Cucumber and Onion Salad Bread and Butter</p>	<p>15. Texas Chili Mac &amp; Cheese Country Blend Vegetables Corn Bread Fruit Cocktail</p>	<p>16. <b>FRESH BAR</b> Stuffed Cabbage Roll Multi-Grain Dinner Roll Minnesota Wild Rice, Tossed Salad, Boiled Eggs, Cottage Cheese, Diced Melon, Coleslaw, Variety Toppings,</p>	<p>17. Roast Pork Loin Whipped Potatoes w/ Gravy Green Beans Applesauce Bread and Butter</p>
<p>20. <b>Barn Closed!</b> <b>Martin Luther King Jr. Day!</b></p>	<p>21. Chinese Pepper Steak White Rice Garden Salad Mandarin Oranges Bread and Butter</p>	<p>22. Spaghetti &amp; Meatball Marinara Mixed Salad Greens Wheat Vienna Warm Peach Cobbler</p>	<p>23. <b>FRESH BAR</b> Egg Salad Wheat French Roll Tomato Florentine, Tossed Sal- ad, Boiled Eggs, Cottage Cheese, Mandarin Oranges, Pea Salad, Variety Toppings,</p>	<p>24. Italian Chicken Parsley Potatoes Baby Carrots Coleslaw Bread and Butter</p>
<p>27. Baked Meatloaf w/ Country Gravy Cauliflower Mashed Potatoes Stewed Tomatoes Whole Wheat Bread</p>	<p>28. Stuffed Green Peppers Green Beans Garden Salad Bread and Butter</p>	<p>29. BBQ Chicken Thigh Oven Fries Green Beans and Onions Wheat Bread Fruit Jell-O</p>	<p>30. <b>FRESH BAR</b> Broccoli Quiche Multi-Grain Dinner Roll Vegetable Gumbo Tossed Salad, Boiled Egg Cottage Cheese, Fruit Yogurt, Orange Smiles,</p>	<p>31. <b>Chili Chili Party</b> Chili Baked Potato Chocolate Frosty  <b>\$5.00</b></p>

**Menu subject to change due to availability of items.** Funding in part is provided by Age Options.